

In This Issue

- First Ever Girls' Night Out – What a Blast!
- Cast Your Votes for the 2006 Outstanding Alumnae Awards
- Plan to Attend the Spring Reunion Brunch
- Share Your Networking and Professional Opportunities
- Please Help
- In Memoriam
- Committee Updates
- News Around the DU Campus
- CWCAA Update
- Whazzup?

For the latest news, go to the TWC Alumnae Association website, and be sure to add it to your favorites list:
<http://womenscollege.du.edu/alumnae>

Girls' Night Out

MENOPAUSE THE MUSICAL

Have you ever laughed so hard that you literally cried – for almost 90 minutes?!? I'm not sure whether it was the menopause version of many of my favorite songs (*I'm Flashing; Puff, My God, I'm Draggin;*, and *Staying Awake-Night Sweatin'*), or the fact that I finally learned that all my physical anomalies are related to menopause! Enjoy the following account from TWC Alum Ruth Glenn:

It was a Celebration! Not only did the music trigger emotionally, but to see so many familiar faces of my former classmates and be reminded of the wonder of being women...well it was priceless!

The women on the stage reminded me of the women of The Women's College – diverse in age, color, size, culture, and shape. But more importantly, I recalled the many stories and struggles my classmates, friends, colleagues, and family (think of your Mom's seemingly irrational behavior)! The sleepless nights, brain-claps (you know when you walk down the hall and get to your destination...and forget why you are there), and "personal summers" (the desire to strip away all of your clothing and run to the nearest cold anything). Let's not even talk about the different 'pauses...early (my particular 'pause), pre, post, and everything in between!

We are supposed to honor this new phase of our lives; moving from one stage to the other. I agree. I am also willing to admit that sometimes it is just downright miserable...the ladies of Menopause lent some much needed humor (and yes, tears) to the ending of the "Ladies Days!" Who better to share this particular Celebration with than my dearest friend and fellow Alum!

Thanks, Ruth, for sharing your sentiments!



Upcoming Events

(TWCAA events are highlighted in yellow.)

May

- 6** **10am-Noon ~ Spring Reunion Brunch**
- 20** **Noon ~ TWC Spring Celebration**
1pm-4pm ~ Quarterly Business Meeting (RSVP for both TWC Spring Celebration at Noon in Driscoll and 1pm meeting in Garden Room, Chambers Center)

August

- 20** **5pm ~ TWC Philanthropy Fair**
(Garden Room, Chambers Center)

September

- 23** **Noon ~ TWC Fall Luncheon**
1pm-4pm ~ Quarterly Business Meeting (RSVP for both TWC Fall Luncheon at Noon in Driscoll and 1pm meeting in Garden Room, Chambers Center)

October

- 14** **10am ~ Alumnae Association Induction Brunch** (Garden Room, Chambers Center)
- 22** **DU Homecoming – Affinity Group Event**

December

- 2** **1pm-4pm ~ Quarterly Business Meeting** (RSVP for both lunch at Noon in Driscoll and meeting at 1pm in Garden Room, Chambers Center)

Check future e-Newsletters for calendar updates.

2006 Outstanding Alumnae Awards

The Women's College Alumnae Association seeks to honor those alumnae who notably exemplify commitment and dedication to their community, The Women's College, and TWC Alumnae Association. The Awards Committee welcomes nominations that reflect the diversity of The Women's College community and the many avenues of achievement of its alumnae.


The three awards for "Outstanding Alumnae" are: (1) the Community Award, given to an alumna for her dedication and commitment to the community at large; (2) the Women's College Award, given to an alumna for her involvement in, and support of, The Women's College, and its present and prospective students; and (3) the Alumnae Association Award, given to an alumna for her dedication and ongoing commitment to the efforts and overall success of The Alumnae Association.

The Outstanding Alumnae Awards are presented on an annual basis; however, anyone may nominate an alumna throughout the year to receive one of the Alumnae Association Awards, which are presented at the TWCAA Spring Reunion Brunch, to be held this year on May 6th.

Please take a few minutes and nominate your candidate(s). Click on <http://womenscollege.du.edu/alumnae/springawards.html>. If the link doesn't work, cut and paste it into your web browser, then scroll to the bottom of the page and click on the link to the form. Forward your nomination(s) to Karen Mauler at karen.m.mauler@lmco.com. **All nominations must be received by April 24, 2006.**

Spring Reunion Brunch

Remember those days at The Women's College when you anticipated new beginnings, enlightened your mind, enriched your spirit, and cherished new friendships? ***Land in the Garden that nourished your dreams!*** 

The Women's College Alumnae Association invites you to renew your friendships and continue to enrich your life through the company of your sister graduates at the Spring Reunion Brunch on **Saturday, May 6, 2006, at 10:00 a.m. to Noon** in the Garden Room of the Chambers Center (1901 E. Asbury Ave.). Visitor parking will be available at the corner of Asbury & Race streets. Cost is \$15 at the door. Please send your firm RSVPs to Lorni Sharrow at isharrow@du.edu. 

Share Your Networking Opportunities

A new page has been added to the TWC Alumnae website to provide a forum for current and future Alumnae to share news of upcoming networking and professional opportunities, at <http://womenscollege.du.edu/alumnae/twcalumnaenetworking.html>.

If have information to post to that webpage, please send your request to Dianne Calhoun at twconnections@aol.com. Click on the link above for more information about MaryClaire Friesema-Tucker's upcoming networking opportunity.

Newman Center for the Performing Arts

3/31 - Bill T. Jones/Arnie Zane Dance Company – "Blind Date"

4/27 - The Acting Company – The Three Musketeers

5/17 - MacHomer

All performances begin at 7:30pm at Gates Concert Hall. Call (303) 871-7720 for more information and tickets.

DU Alumni Benefits & Services

- Rent Evans Chapel
- Get Discounts at the Coors Fitness Center
- Access the Penrose Library

For more information, go to [DU Alumni Benefits & Services](#)

Women in the News

Expert Panel Tells Businesswomen, "Go For The Boards!"

Personal Wealth Journal – 12/19/05

Networking

Internet Chamber of Commerce

Denver Telecom Professionals

Colorado Women in Technology

The Association for Women in Communications

The Women's Directory for Businesswomen

Small, Minority, and Women's Business Resource Directory

Just Networking

Please Help

WE NEED VOLUNTEERS for chair or co-chair of the *Alumnae/Student Relations – Recruitment* Committee. If you are interested in this great opportunity, contact [Dianne Calhoun](#).

In Memoriam

We are deeply saddened to learn that Sam LaBoria, BA Communication 2003, recently passed away. Our hearts and thoughts are with her family and all the friends she left behind. Sam's family contacted The Women's College to show how much her educational experience here had impacted her life. The friends she made and the community she felt was one of her fondest memories. She will be missed!

If you would like to send a card to the LaBoria family, please send it in care of The Women's College, 1901 East Asbury Avenue, Denver, CO 80208.

Committee Updates

Colorado Booklovers – (Karen Mauler & Dana Conroy) – This group will be reading books suggested by Oprah's Book Club and others of interest. We usually meet at the Chambers Center about every six weeks. If you're interested in joining us for a discussion of the current book, contact Karen Mauler at karen.m.mauler@lmco.com with any questions. The current selection is *The Kite Runner* by author Khaled Hosseini - New York Times Bestseller. We will be holding the book discussion at the Castlewood Library on Saturday, April 8, from 1:00 to 4:00. The Library is located about a half mile west of I-25 on Arapahoe Road. Bring a friend and join us for a lively discussion of this book.

Communications (Janet St. John) – Janet needs literary creations from TWC Alumnae to include in the *Alumnae Corner* in *The Weekender*. If you are willing to share among the TWC Community, please contact Janet for writing guidelines at janetstjohn@catholichealth.net or 720/875-7406.

Community Involvement (Maggy Traynom) – Maggy is checking into other ways the Alumnae can represent TWC among our community. Stay tuned for future opportunities.

Event Planning –Angela Quast & Ruth Glenn have recently volunteered to co-chair this important committee. We know this dynamic duo will be terrific! Kay Wallace has graciously agreed to coordinate the Spring Reunion Brunch. So far we have the following volunteers to help: Bernadette Briones, Ruth Glenn, Angela Quast, Diane Collier, Patty Hepplewhite, Maria Tobias, and Anita Pollock. If you would like to help please contact Kay at kaywallace3@comcast.net.

Mentoring Program (Maria Tobias & Joni Pederson) – This year there is a membership of 12 mentors and 12 protégées, which is the largest group the Mentoring Program have ever had. The first Mentoring Program Seminar was held on February 16th. The speaker was Lucy Strupp, President of Milestone Marketing, Inc. This year's Closing Ceremony to be scheduled some time in June.

Update Your Contact Information

Note from the Editor:

The purpose of this e-Newsletter is to foster Alumnae communication and share the Association's news with a broader audience. The TWC Alumnae Association does not allow general solicitations via e-mail to the Alumnae Association e-mail list or at any Alumnae Association meeting or event, unless otherwise specified.

To contact the Editor, please click on the link for E-Newsletter Editor.

Scholarships (Shirley Seitz & Patricia Howard) - The deadline for essay submissions was extended to January 31, 2006. Finalists will present their essays at the TWCAA Spring Reunion Brunch. If you would like to contribute to future TWCAA Scholarships, please see the fall issue of *The Weekender* for a donation envelope, or send your donation to The Women's College of the University of Denver, 1901 East Asbury Avenue, Denver, CO 80208.

Alumnae Archive [*Your Name Here*] – Carolyn Washburn, Deb Johnson, and Liz Withers have agreed to create the reunion scrapbook. Since Betsy Clark is now the co-secretary of TWC Alumnae Association, we are looking for someone to replace her as the chair of the Alumnae Archive Committee.

If you would like to assist with or serve on any of the above committees, please notify Dianne Calhoun.

News Around the DU Campus

Mark your calendars for DU's 2006 Homecoming, scheduled this year on October 21st and 22nd. On the 21st, there will be an event for all DU affinity groups, including The Women's College Alumnae Association.

Please remember that all Alumnae of The Women's College are also members of the University of Denver Alumni Association. To receive future information regarding the DU Alumni Association, please complete the online registration form available at <http://www.alumniconnections.com/DU> to be part of the DU Online Alumni Community.

CWC Alumnae Association Update

The CWC Alumnae Association is proud to support the students of The Women's College by offering Colorado Women's College Scholarships. The CWCAA Endowed Scholarship Fund was established in 2002 to ensure their legacy lives on. Their goal was to reach \$50,000 by 2007. They reached it in 2005!

All money for CWCAA scholarships is donated by alumnae, staff and friends of Colorado Women's College. **To date, the CWCAA has awarded scholarships totaling over \$91,700! \$5,295 this fiscal year!**

A big THANK YOU to the CWC Alumnae Association!

Whazzup?

We would like to know where YOU are and how you're keeping yourself busy these days. Please complete our **brief survey** so we can update our records and share with your fellow Alumnae.

Likewise, we would love to celebrate with you! Please send us news you want to share by clicking on **What's New With You?** and forwarding information to the TWCAA newsletter editor.